



ADJUST-A-BED
More Than Just A Bed. .

OPERATING INSTRUCTIONS

STEP 1

Make sure the UK three-pin power cord is plugged into mains power and is switched on.

STEP 2

Press handset buttons 'Back down' (button 8) and 'Leg up' (button 4) along with the coding button on the control box simultaneously.

STEP 3

The control box will beep indicating that the code is successfully matched. The bed is ready to use.



HANDSET FUNCTION:

MEMORY POSITION 1.

Press and hold M1, the actuators will be moved to memory position 1. Release and actuators will stop.

Head/back section UP

Foot/leg section UP

MEMORY POSITION 2. Press and hold M2, the actuators will be moved to memory position 2. Release and actuators will stop.

MEMORY SET. Press and hold for three seconds, the backlit buttons on the handset will flash and enter memory set mode. Press M1/M2 within ten seconds and the control box will beep to indicate the current position is saved to M1/M2

Head/back section DOWN

FLAT. Press and hold, all actuators will retract until the bed is in the fully flat position.

Foot/leg section DOWN

DOWNLOAD THE APP



www.adjust-a-bed.co.uk
FOR TROUBLESHOOTING SEE OUR HANDSET PAGE ON THE WEBSITE

APP OPERATING INSTRUCTIONS

STEP 1

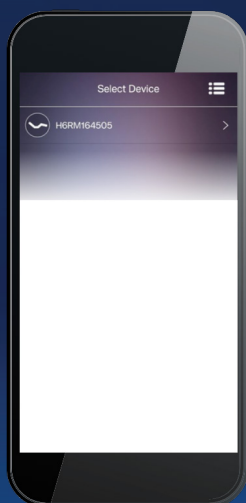
Download and install the RMControl app from the Play Store (Android devices) or App Store (Apple devices). Scan the QR code for a link to take you to the correct app download page.

STEP 2

Make sure all cables are connected and power is turned on.

STEP 3

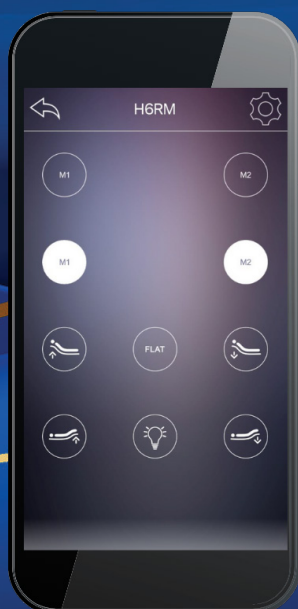
Enable Bluetooth on your device and open the RMControl app.



STEP 4

Select the bed from the list. By default the name should start "H6RM". Once selected the handset page will show.

It is possible to change the name of the bed in the settings menu to a name that will make it more identifiable.



Return to "Select Device" menu



Settings menu (see next page)



Press and hold to move the bed to memory position 1. Release to stop the movement.



Press and hold to move the bed to memory position 2. Release to stop the movement.



After moving the bed to the required position press and hold for approx. 5 seconds to store memory position 1. Control box will beep to confirm.



After moving the bed to the required position press and hold for approx. 5 seconds to store memory position 2. Control box will beep to confirm.



Press and hold to move back section up. Release to stop the movement.



Press and hold to move the bed to the flat position. Release to stop the movement.



Press and hold to move back section down. Release to stop the movement.



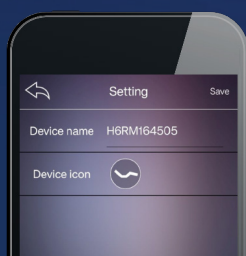
Press and hold to move foot section up. Release to stop the movement.



Press hold to use your device's torch.



Press and hold to move foot section down. Release to stop the movement.



FINAL STEP

Press on the device name to edit. Press "Save" to record the change, if you exit back to the "Handset" page without saving any changes will be lost.



Save

Press "Restore default" will change the device name back to the original name. You will need to press "Save" to confirm the change.